

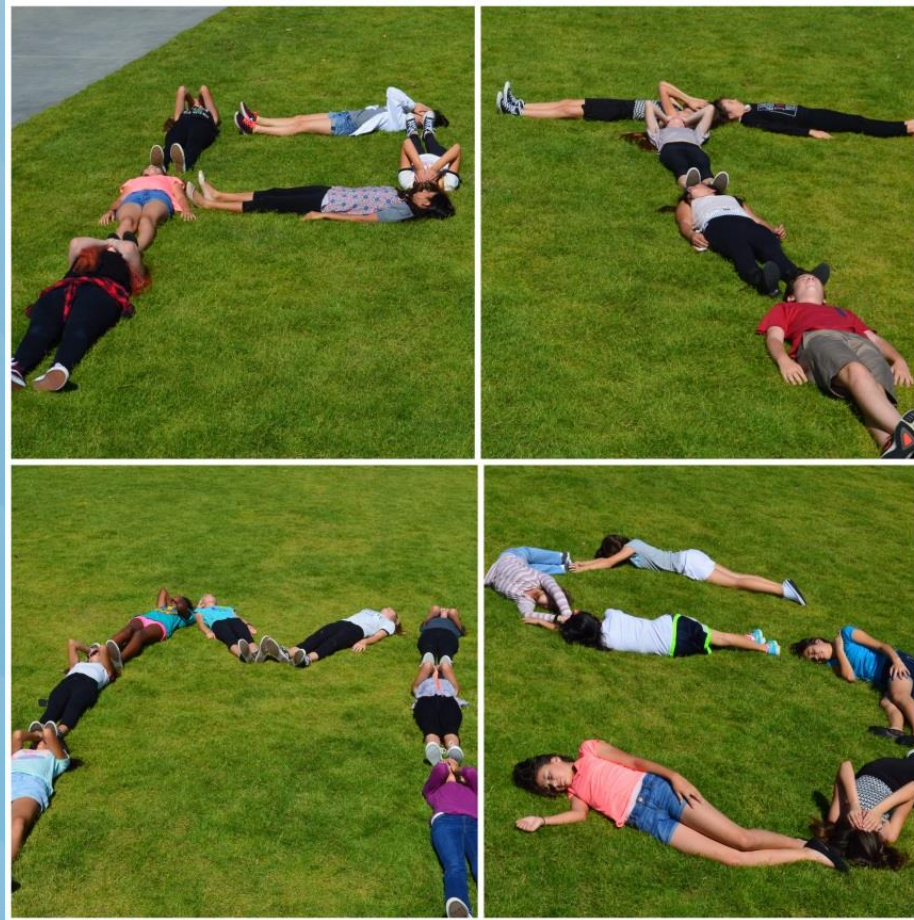
PACIFIC TRAILS

WELCOME TO PARENT INFORMATION NIGHT!



PACIFIC TRAILS

Home of the Wolf Pack



Together, we ignite the joy of learning to inspire confident, curious and creative global citizens.

PACIFIC TRAILS

Contacts

Principal: Mary Anne Nuskin

maryanne.nuskin@sduhsd.net

Counselor: Lisa Curry

lisa.curry@sduhsd.net

Principal's Secretary: Vetha Pierce

vetha.pierce@sduhsd.net

Registrar/Counseling Secretary: Mona Healy

mona.healy@sduhsd.net

Website: pt.sduhsd.net

Phone Number: 858-509-1000



Keeping You Informed



**This presentation will be posted on our website*

Electronic Contact

- Email and phone communication: (858) 509-1000
- Website: **pt.sduhsd.net**
- Parent Portal gives access to current student progress via the internet
- **E-Option** (Weekly Emailed Newsletter)
- PTMS Facebook and Twitter (school culture, classroom activities & facility updates)

Printed Material

- All students receive a Student Agenda

Personal Contact

- New Student/Parent Orientation on August 15th at 4:00pm
- Back to School Night
- PTSA meetings and monthly report
- Coffee with the principal bi-monthly



Bell Schedule



-
- School hours:
School Begins at 8:20 a.m. and ends at 2:50 p.m.
Late Start Mondays (2 times/month school starts at 9:50)
 - Class schedule:
 - Mondays - single period days
 - Single periods are approximately 45 minutes
 - Tuesday through Friday are block period days.
 - Block periods are approximately 95 minutes
 - Homeroom:
 - Every day for 35 minutes before lunch.
 - Student Announcements/video announcements
 - Enrichment opportunities
 - Community building (restorative practices)
 - Wellness activities
 - Homework, peer-tutoring, academic support



School Hours and Schedule

8:20 a.m. to 2:50 p.m.



Monday (Single Periods)	Tuesday (1, 3, 5 Block)	Wednesday (2, 4, 6 Block)	Thursday (1, 3, 5 Block)	Friday (2, 4, 6 Block)
Period 1	Period 1	Period 2	Period 1	Period 2
Period 2				
Period 3	Period 3	Period 4	Period 3	Period 4
Period 4				
Homeroom	Homeroom	Homeroom	Homeroom	Homeroom
Lunch	Lunch	Lunch	LUNCH	LUNCH
Period 5	Period 5	Period 6	Period 5	Period 6
Period 6				

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Flexible Schedule Option Zero Period

- 7:20 Start Time
- Students take periods 0-5
- Dismissal time varies
- Zero period will be offered based on student interest.



Zero Period Option



Schedule for 2019-2020

(2019-2020 times may vary slightly. Check website in August for updated times.)

Period	Monday Single Periods 0-5	Tuesday Block 0,1, 3, 5	Wednesday Block 0,2, 4	Thursday Block 0,1, 3, 5	Friday Block 0, 2, 4,
0	7:20 – 8:15	7:20 – 8:15	7:20 – 8:15	7:20 – 8:15	7:20 – 8:15
1	8:20 – 9:10	8:20 -10:00		8:20 – 10:00	
2	9:15 – 10:00		8:20 – 10:00		8:20 – 10:00
3	10:15– 11:00	10:15-11:50		10:15 – 11:50	
4	11:05- 11:50		10:15 –11:50		10:15 – 11:50
Homeroom	11:55-12:30	11:55-12:30	11:55-12:30	11:55-12:30	11:55-12:30
Lunch			Optional lunch		Optional lunch
	12:30-1:05	12:30-1:05	12:30-1:05	12:30-1:05	12:30-1:05
5	1:10 – 2:00	1:10 – 2:50		1:10 – 2:50	
6	Off	Off	Off	Off	Off

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at a glance.....

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What does a typical 7th grade schedule look like?

Students will have a class schedule that consists of 6 courses in the following subject areas:

1. English
2. Math
3. World History
4. 7th Grade Science
5. Physical Education
6. Elective



PTMS English Course Options



Course

CRITERIA TO CONSIDER WHEN MAKING YOUR DECISION

College Prep English 7

- Strong grade level curriculum that meets the needs of the majority of students.

English 7 Honors

- Student excels in and is passionate about English.
- Requires a faster-paced, more in-depth and challenging course of study.
- Possesses strong writing skills, and is an avid reader of high-level books.
- Standard Exceeded on SBAC

Visit PTMS website and review course profiles



How to decide?



Please take the time to review the following descriptions with your student to make an informed decision about placement:

College Preparatory English

- Reads outside of school with the prompting of a parent.
- Does writing assignments when assigned in class.
- May take notes on a consistent basis in the classroom.
- Has emerging organizational skills.
- Talks casually about literature and stories outside of the classroom.
- Appreciates a moderate pace that allows for review.
- Enjoys teacher-facilitated discussion in the classroom.
- Is directed learners who find joy in exploring inside of the classroom.

Honors English

- Reads for enjoyment often outside of school.
- Writes poetry and stories in their free time as a form of recreation.
- Understands how to take notes and follow directions without prompting.
- Has well developed organizational skills.
- Talks analytically about literature and stories outside of the classroom.
- Appreciates an accelerated pace and workload in and outside of the classroom.
- Enjoys leading discussions within the classroom.
- Is a self-directed learner who finds joy in exploring more outside of the classroom.



Math



Math Diagnostic Testing Project

(MDTP – All Students):

- The assessment will help us determine whether students are ready for grade-level math. Students will take this assessment in their 6th grade class between March 18-April 26.
- Approximately 45 minutes timed test
- 40 questions

Integrated Math B Honors Readiness Test

(IMBHRT - Optional):

- Grade skip (8th grade honors curriculum)
- **Must pass** with a 70% or higher



PTMS Math Courses



Course

CRITERIA GUIDELINES FOR RECOMMENDING.....

Integrated Math A Essentials

- Below grade level remedial course
- Individualized computer based program
- Math Diagnostic test scores will be evaluated by our staff for placement recommendations

Integrated Math A

- Strong grade level course that meets the needs of the majority of students
- Grade Level College Prep Course

Integrated Math A Honors

- Grade Level Course (Advanced Level)
- Challenging course of study for students who excel in and are passionate about math
- Student thrives in and embraces more rigorous curriculum
- Standard Exceeded on SBAC

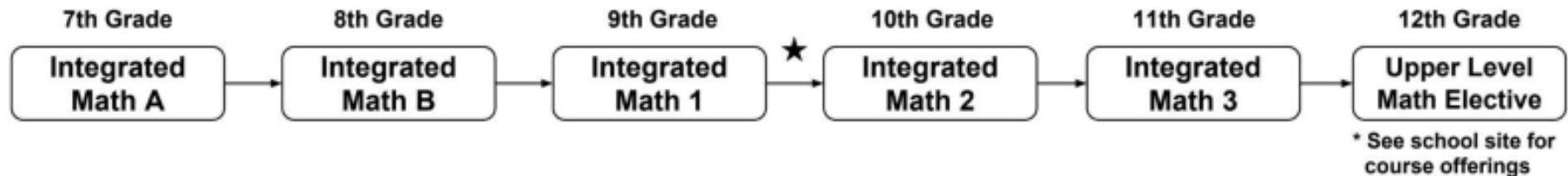
Integrated Math B Honors

- 8th grade honors course
- Open to high performing 7th graders.
- Students have the opportunity to take the SDUHSD Integrated Math Readiness Test and **must pass** with a 70% or better to be eligible for this course as a 7th grader.

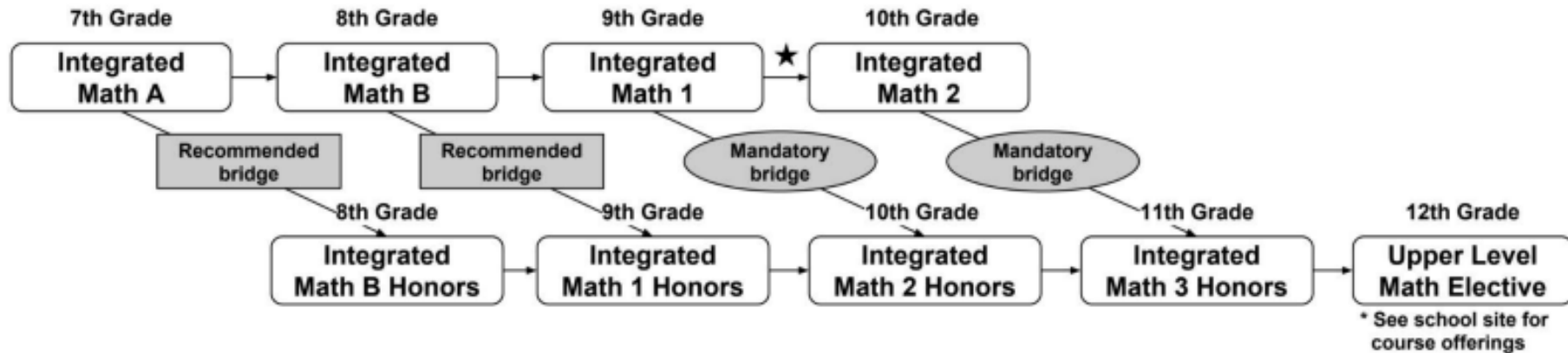
District Math Pathways

Revised 01/07/2019

SDUHSD College Prep Math Course Pathway



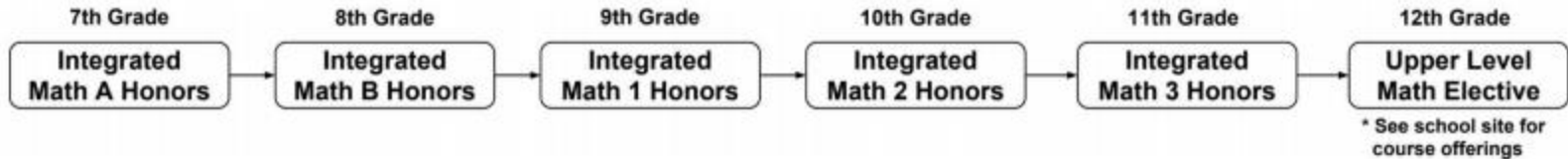
Course Pathway (with Optional Bridge to Honors)



District Math Pathways

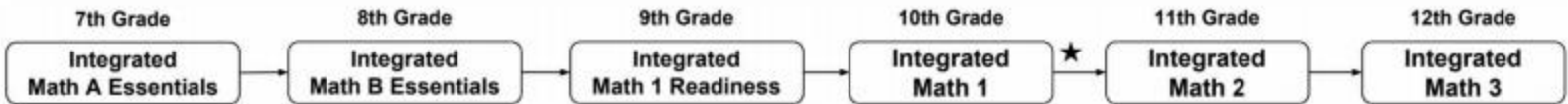
Revised 01/07/2019

SDUHSD Honors Math Course Pathway

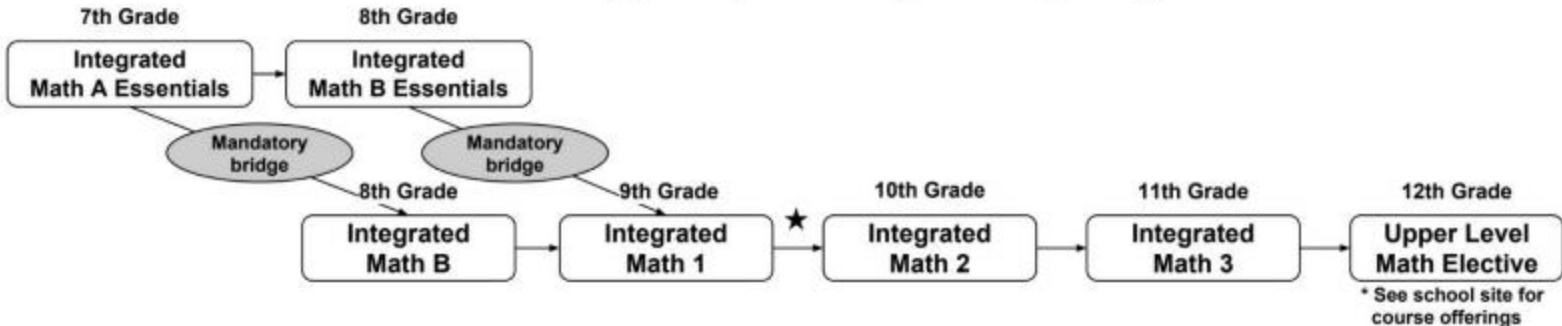


Revised 01/07/2019

SDUHSD Essentials/Readiness Math Course Pathway



Course Pathway (with Optional Bridge to College Prep)



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PTMS Electives

Arts Explorations
STEM Explorations
Vocal Performance
Spanish 1

Yearbook (*Application required*)
Leadership (*ASB Application required*)
Band (*Music Intent Form required*)
Orchestra (*Music Intent Form required*)

PTMS PE Options

General PE *most students take this
Independent Study PE (Application required)

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PHYSICAL EDUCATION

[Check out more PE photos on](#)



Instagram



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Physical Education (PE)

- PE is coed
- School PE uniform is recommended (students dress-out in PE clothes)
- Lockers are assigned to each student
- Students are graded on their “effort” in the required activities and state standards and NOT on their athletic ability.
- Emphasis on wellness
- **Curriculum Options Include:** pickle ball – dance - street hockey – soccer - flag football - team handball - large group recreational activities – volleyball - yoga stretches – frisbee - interclass competitions - basketball - Fitness 15 - California state mandated fitness testing

Independent Study P.E.

- **Is this an option for my student?**
 - 1.) Must be an individual sport (no team sports)
 - 2.) Must have direct instruction by qualified individual with proper insurance (**The direct instruction requirement must be equal to or exceed the hourly requirement of the State of California P.E. statute. That requirement is 400 minutes every 10 school days/2 weeks.**)
 - 3.) Students are accepted on a case by case basis
 - 4.) Music students may take ISPE as a 7th class and choose a second elective.
- **Applications available online** *application window for 2019-20 opens April 15 and closes May 31, 2019.
- **Please Note: ISPE is year-long class in SDUHSD middle schools**

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Arts Explorations



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Arts Explorations



Write and Produce:

Short Films

*PSA's
& Commercials*

Mini-Movies

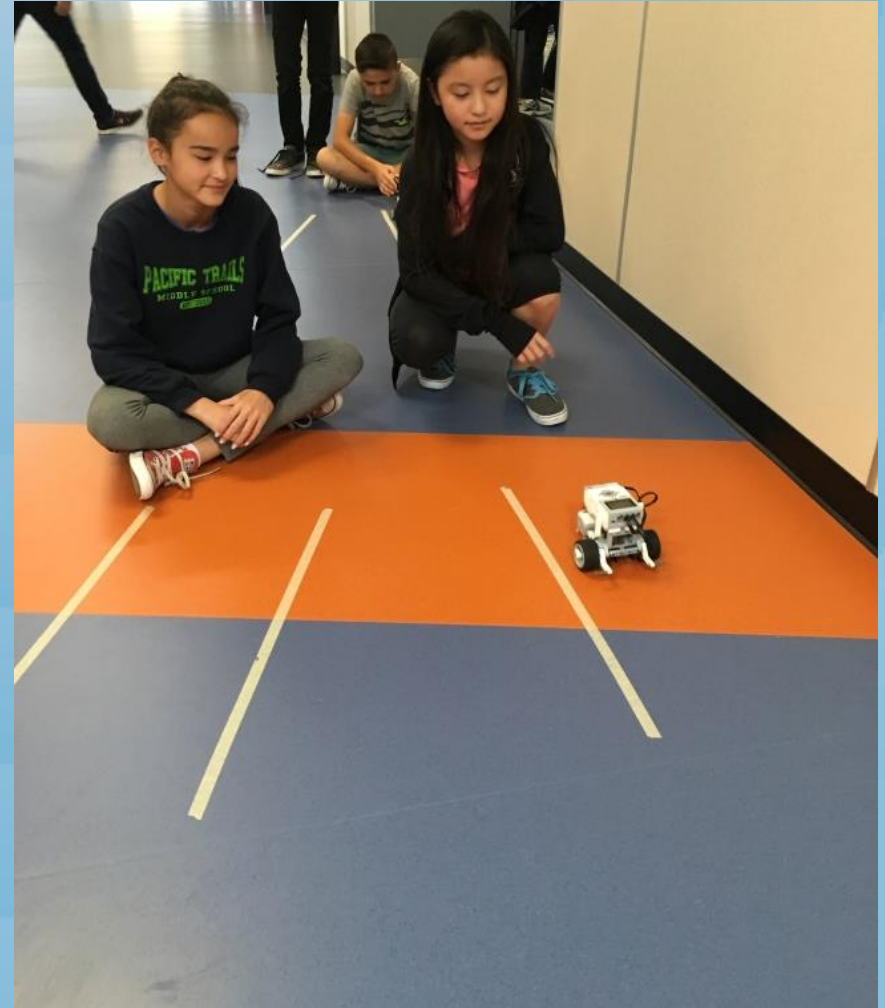
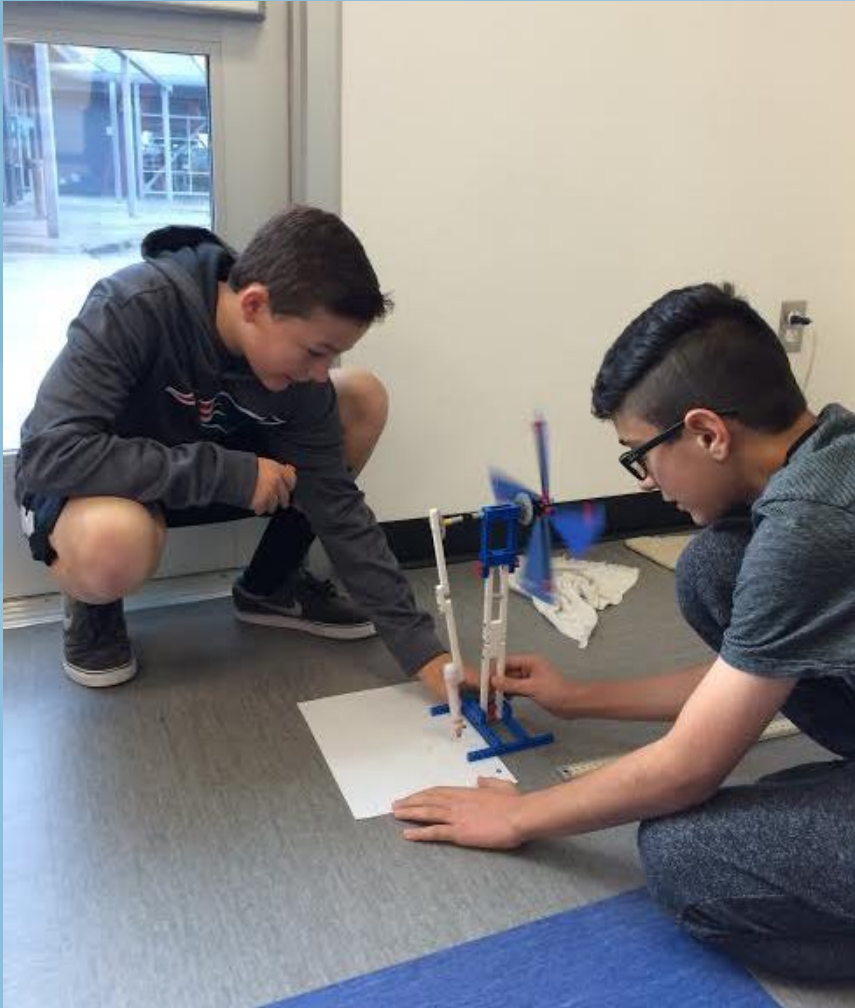
Animation

Special Effects



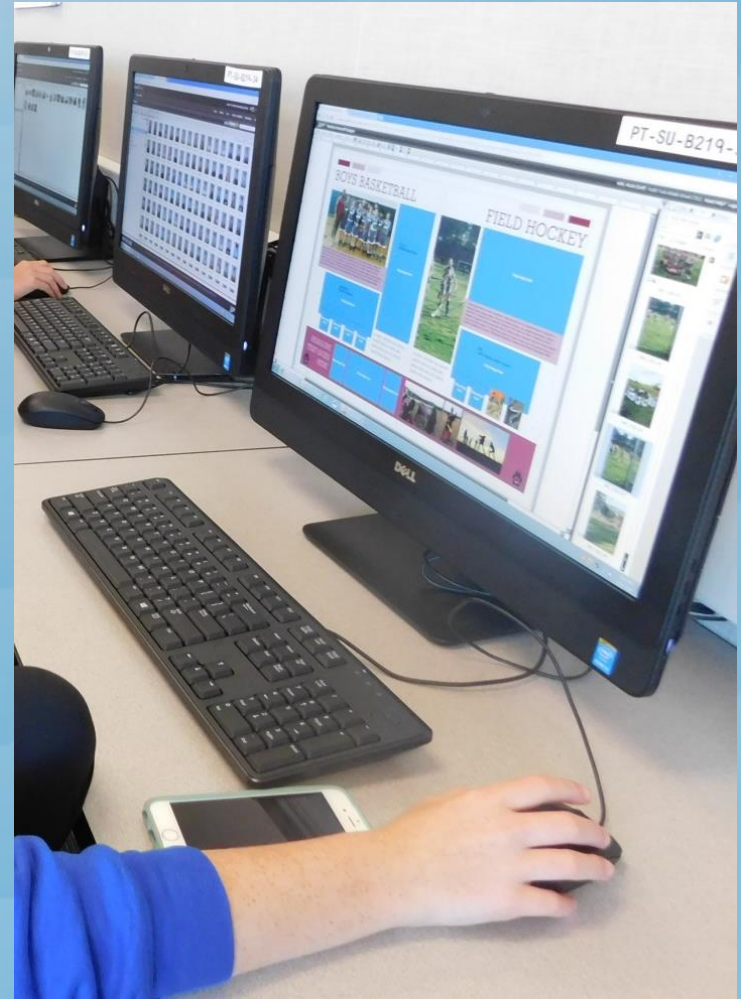
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STEM Explorations



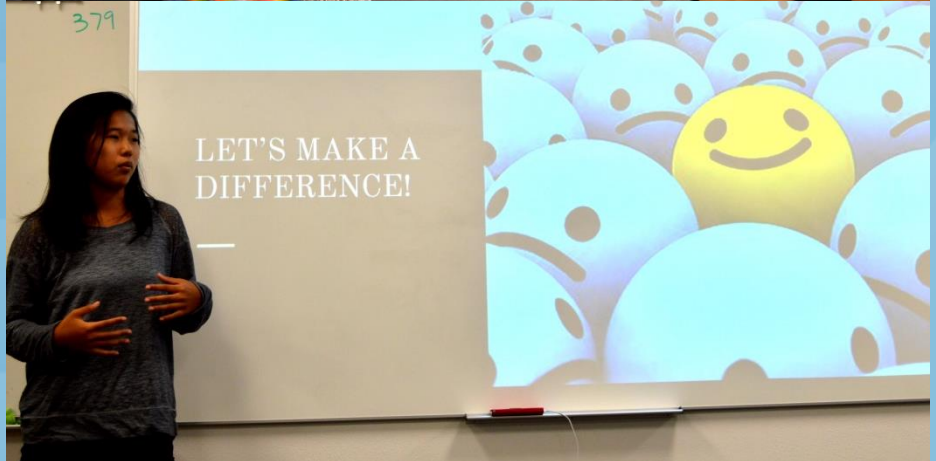
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Yearbook



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Leadership (ASB)



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Vocal Performance



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Band



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Orchestra



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Music Information

- No experience necessary for music classes
- Music students are eligible for a second elective IF he/she apply and are approved for Independent Study PE. Visit the district website for ISPE information and application.
- Field trips
- Friendship, team spirit, and fun!
- Arts Festival performances

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Academic Support Services

- Homework Club 3-3:30 2 days a week
- Math Mornings 7:45-8:15am 2 mornings a week
- Learning Commons 7:30-8:15 & 3-3:30 Mon-Fri
- Homeroom
- Math Lab: Math Peer Tutoring Support
- Technology Access

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Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Hot Dog	 Frito Chili Casserole	 Chicken & Waffles	 Dieguito Burrito	 Panini (chicken or cheese)
 Chicken Sandwich (spicy or plain)	 Cheesy Bread	 Cheeseburger	 RibBO Sandwich	 Orange Chicken Bowl
 Wrap (chicken or cheese)	 Chicken Caesar Salad	 Turkey on Ciabatta	 Chicken Caesar Salad	 Turkey on Ciabatta
	 Sushi (Tuesdays)		 Pickup Stix (Thursdays)	
EVERYDAY				
 Peanut Butter & Jelly	 Yogurt Parfait	 Dominos Pizza (pepperoni or cheese)	 Hummus Pack	

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Boys and Girls Club Sports

All sports are organized by the Boys & Girls Club

FALL

- Flag Football
- Girls Volleyball
- Cross Country
- Golf

WINTER

- Girls Field Hockey
- Wrestling
- Boys Basketball

SPRING

- Girls Basketball
- Girls & Boys Soccer
- Track & Field

Other sports and activities are offered through the community.

Intradistrict Transfer FAQ's

Q: How do I apply for an Intradistrict Transfer?

A: Apply online at www.sduhsd.net

Q: When is the window to apply?

A: March 15 – March 29, 2019

Q: When do I find out if my transfer is approved?

A: Typically within a few weeks after the window closes

Q: Where do I turn in my course selection contract?

A: To my child's 6th grade teacher

Completing the Course Selection Process

**Course selection contracts are due to 6th
grade teachers March 21st**

Step 1

Step 2

Step 3

**Review options
with your
student.**

**Complete the 7th
Grade Course
Selection
Contract.**

**Submit to 6th
grade teacher
by March 21st
in the
envelope
provided.**

Moving From Out of District/ Private Elementary School

Q: What do I need to do to register for PTMS?

A: As soon as possible, go to the PTMS website and complete the online registration. Print the confirmation page and bring required documents to PTMS.

Q: How do I sign up for the MDTP?

A: When registration documents are dropped off at PTMS, your student's testing date will be assigned.

Registration

PTMS School Boundaries

**** BEFORE YOU REGISTER FOR PTMS ****

Students currently attending ***Sycamore Ridge, Solana Ranch, and Ashley Falls Elementary Schools*** **are NOT automatically scheduled to attend PTMS**. Your HOME ADDRESS will determine which middle school your student will attend. Click the Boundary Locator link below to enter your home address and discover which middle school your student will attend. If you do not live within the PTMS boundaries, but still want your student to attend, you MUST have an APPROVED Intradistrict Transfer on file at the District Office. Click the link below to apply.

[Boundary Locator](#)

[Intradistrict Transfer Application/Approval Process](#)

[Interdistrict Attendance Permits](#)

[Independent Study PE Application](#)

[Zero Period Option](#)

[PTMS Campus Tours](#)



Registration Forms

[Online Enrollment](#)

Registration Forms

Online Enrollment



2019-20 Residency Verification - REQUIRED by March 29th for 2019-20 enrollment

Course Selection

7th Grade Course Selection Contract

8th Grade Course Selection Contract

Elective Registration Applications

*** required if student is interested in taking these electives*

Leadership/ASB Online Application

Music Intent Form

Yearbook Online Application



PE and Elective Selection



Please note that PE and elective choices will be used in scheduling your year-long classes.

<u>PHYSICAL EDUCATION (check one)</u>	<u>YEAR-LONG ELECTIVE COURSES</u>
<p><input type="checkbox"/> Physical Education (General PE)</p> <p><input type="checkbox"/> I plan to apply for Independent Study Physical Education (ISPE) <i>ISPE Application required.</i> Forms and information available on the SDUHSD website www.sduhsd.net.</p> <p><input type="checkbox"/> I am a music student and plan to take Band or Orchestra while concurrently enrolled in ISPE* <i>Application required.</i> Please select one <input type="checkbox"/> Band <input type="checkbox"/> Orchestra</p>	<p><u>Rank your elective requests in order (1 through 4) with number 1 being your first choice.</u></p> <p><input type="checkbox"/> Arts Explorations</p> <p><input type="checkbox"/> Spanish 1</p> <p><input type="checkbox"/> STEM Explorations</p> <p><input type="checkbox"/> Vocal Performance</p> <p>Application Required</p> <p><input type="checkbox"/> Leadership</p> <p><input type="checkbox"/> Yearbook</p> <p>Music Intent Form required</p> <p><input type="checkbox"/> Band</p> <p><input type="checkbox"/> Orchestra</p>



English and Math Selection



PACIFIC TRAILS MIDDLE SCHOOL 7th GRADE COURSE SELECTION CONTRACT

NAME (LAST) _____ (FIRST) _____

SCHOOL ATTENDED in 6th GRADE _____

Students are required to take 6 classes - Math, English, World History, 7th Grade Science, Physical Education, and one elective from the following list.

Check the English and Math courses you and your student feel are most appropriate **based on your assessment of his/her academic performance**. For more information, please refer to the Course Profiles located on the Counseling page of the Pacific Trails Middle School website: pt.sduhsd.net.

<p>English (please check one)</p> <p>___ English 7</p> <p>___ English 7 Honors</p>	<p>Math (please check one)</p> <p>___ Integrated Math A</p> <p>___ Integrated Math A Honors</p>	<p><input type="checkbox"/> Check if you would like a zero period. Interested students may have an opportunity to be scheduled periods 0-5.</p>
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• Establish Connection • Develop Awareness • Take Responsibility • Extend your Reach!

SCHOOL-LIFE BALANCE

For Students

Establish Connection:

- Quality time with family and friends is directly related to your emotional well-being and builds trusting relationships.
- Connecting with trusted adults helps build communication skills and is tied to making healthy choices; two essential skills that help foster positive relationships.

Develop Awareness:

- Explore personal interests beginning in middle school; connect interests with the courses you select and extracurricular activities in which you choose to participate.
- Broaden post-high school plans to include multiple options related to education and career.
- Do not compare yourself to others; You are each unique and have your own interests and strengths.

Take Responsibility:

- Be responsible for choosing what school experience you want to have; it is not just about the end result, but also the journey along the way.
- Be mindful and choose courses wisely; time availability, interests, physical and emotional well-being should all be taken into consideration.

Extend your Reach!

- Communicate your needs and concerns and let others help you; by doing so you are building resources and a support system.
- Asking questions and listening can help broaden your perspective and toolbox of skills that lead to long-term success.

SCHOOL-LIFE BALANCE

For Parents

Establish Connection:

- Encourage time with family and friends to build student self-worth and emotional well-being.
- Model and teach self-advocacy (verbal communication) and self-care (healthy choices).

Develop Awareness:

- Encourage and support the exploration of personal interests; help to connect personal interests with courses, and extracurricular activities without pressure to do more than is manageable.
- Help to broaden post-high school plans with multiple options related to education and career.
- Do not compare your student to others; each student is unique and has their own interests and strengths.

Take Responsibility:

- Help students adjust when changes to time availability, interests, or physical and emotional well-being occur.
- Be mindful of student's school-life schedule; students should be challenged but not overwhelmed.

Extend your Reach!

- Keep lines of communication open with your student; ask questions and listen.
- Build your parenting support system by communicating with family, friends and utilizing resources at your student's school.

C
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*****Requirement For Students Coming to U.S. from another country--

Tuberculosis: TB test required for admission to the District.

PARENTS' GUIDE TO IMMUNIZATIONS

REQUIRED FOR SCHOOL ENTRY



Entry Requirements by Age and Grade:

Vaccine	4-6 Years Old Elementary School at Transitional-Kindergarten/ Kindergarten and Above	7-17 Years Old Elementary or Secondary School	7th Grade*
Polio (OPV or IPV)	4 doses (3 doses OK if one was given on or after 4th birthday)	4 doses (3 doses OK if one was given on or after 2nd birthday)	
Diphtheria, Tetanus, and Pertussis (DTaP, DTP, DT, or Tdap)	5 doses of DTaP, DTP, or DT (4 doses OK if one was given on or after 4th birthday)	4 doses of DTaP, DTP, DT, Tdap, or Td (3 doses OK if last dose was given on or after 2nd birthday. At least one dose must be Tdap or DTaP/ DTP given on or after 7th birthday for all 7th-12th graders.)	1 dose of Tdap (Or DTP/DTaP given on or after the 7th birthday.)
Measles, Mumps, and Rubella (MMR or MMR-V)	2 doses (Both doses given on or after 1st birthday. Only one dose of mumps and rubella vaccines are required if given separately.)	1 dose (Dose given on or after 1st birthday. Mumps vaccine is not required if given separately.)	2 doses of MMR or any measles-containing vaccine (Both doses given on or after 1st birthday.)
Hepatitis B (Hep B or HBV)	3 doses		
Varicella (chickenpox, VAR, MMR-V or VZV)	1 dose	1 dose for ages 7-12 years. 2 doses for ages 13-17 years.	

*New admissions to 7th grade should also meet the requirements for ages 7-17 years.

Contact Anna Weirather, District Nurse with immunization questions
(760)753-6421 ext 4450 anna.weirather@sduhsd.net



Very Important Dates



- March 21st – Return 7th Grade Course Selection Contract in the envelope to 6th grade teacher.
- March 18th – April 26th - Math testing in 6th grade classes
- April 26th - online registration for the IMBHRT opens
- May 3th - Math test results provided to parents and Math A Readiness placement letters MAILED home
- May 7th and 9th- Integrated Math B Honors Readiness Test @ PTMS (reserve a date online)
- April 15th- May 31st – ISPE application window
- August 15th – Orientation/Readiness Day
- Remember to sign up for E-option





Orientation/Readiness Day

August 15



Students:

- Fun-filled informative event that will make the transition to middle school a positive one
- Student tour and answer questions
- Students learn ways to be successful at PTMS

Parents:

- Support your child's social/emotional development
- Access to school resources online
- Support your child's academic success
- Learn about school safety
- Buy PE clothes, ASB and Yearbooks; join PTSA
- School business including back-to-school forms, Aeries Portal and Data Confirmation support

Questions ?

